Healthy, or hiding disease?

Your pet's illness won't always be obvious. But you can help your dog or cat live a long and healthy life.

How to know if your pet has a serious disease

As many as 10% of pets that appear healthy to owners and veterinarians at annual checkups are found to have hidden diseases.[1]

Here's how you can help:

- Ask us about regular wellness visits—Annual checkups test for serious disease, but also establish a baseline to monitor individual pet health over time.

- Watch for warning signs—Tell us if you notice any symptoms or change in your pet's behavior. It could have an underlying disease that may only be found during examination.

1. Rehm M. Seeing double. *Veterinary Economics.* 2007;48(10):40–48.

Regular testing is prevention

Uncovering disease before it's too late will help your pet live a long and healthy life. Testing can also help you avoid significant medical expenses and risks to your pet's health should a serious illness go undetected.

Wellness testing is an easy, stress-free way to ensure your pet's lifelong well-being.

Call us to schedule an appointment and to learn ways to help safeguard the health of your pet.

Wellington Veterinary Clinic
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Early intervention can mean a lifetime of good health

Just like with people, your cat's or dog's health will change as it ages. And because pets age faster than people, major changes can happen quickly.

Use the chart below to determine the "true" age of your cat or dog:

age	feline	canine		
		weight		
	0–20	0–20	20–50	50–90	>90
1	7	7	7	8	9
2	13	13	14	16	18
3	20	20	21	24	26
4	26	26	27	31	34
5	33	33	34	38	41
6	40	40	42	45	49
7	44	44	47	50	56
8	48	48	51	55	64
9	52	52	56	61	71
10	56	56	60	66	78
11	60	60	65	72	86
12	64	64	69	77	93
13	68	68	74	82	101
14	72	72	78	88	108
15	76	76	83	93	115
16	80	80	87	99	123
17	84	84	92	104	131
18	88	88	96	109	139
19	92	92	101	115	
20	96	96	105	120	

Charts courtesy of Fred L. Metzger, DVM, DABVP

COLOR KEY   adult   senior   geriatric